

GUGGENHEIM

VIERNES / OSTIRALA / FRIDAY

BASQUE

CrossFit LICENSED EVENT

TXAPELKETA

Dia	SCENE	WOD	Categoria	HEAT	Start	Finish	TC	Transitions	BRIEFING CASTELLANO	BRIEFING ENGLISH	WARM UP	CORRALES	ARENA
VIERNES	GUGGENHEIM	2	ELITE MASCULINO	1	10:00	10:12	0:12	0:03	9:05	9:20	9:40	9:55	9:58:30
VIERNES	GUGGENHEIM	2	ELITE MASCULINO	2	10:15	10:27	0:12	0:05	9:05	9:20	9:55	10:10	10:13:30
VIERNES	GUGGENHEIM	2	ELITE FEM + MAS	1+3	10:32	10:44	0:12	0:05	9:37	9:52	10:12	10:27	10:30:30
VIERNES	GUGGENHEIM	2	ELITE FEM	2	10:49	11:01	0:12	0:05	10:09	9:52	10:29	10:44	10:47:30
VIERNES	GUGGENHEIM	2	RX MASC	1	11:06	11:18	0:12	0:03	10:11	10:26	10:46	11:01	11:04:30
VIERNES	GUGGENHEIM	2	RX MASC	2	11:21	11:33	0:12	0:05	10:41	10:26	11:01	11:16	11:19:30
VIERNES	GUGGENHEIM	2	RX FEM	1	11:38	11:50	0:12	0:03	10:41	10:58	11:18	11:33	11:36:30
VIERNES	GUGGENHEIM	2	RX FEM	2	11:53	12:05	0:12	0:05	10:41	10:58	11:33	11:48	11:51:30
VIERNES	GUGGENHEIM	2	MASTER MAS +35	1	12:10	12:22	0:12	0:05	11:15	11:30	11:50	12:05	12:08:30
VIERNES	GUGGENHEIM	2	MASTER FEM +35 +40	1	12:27	12:39	0:12	0:05	11:47	11:30	12:07	12:22	12:25:30
VIERNES	GUGGENHEIM	2	MASTER MAS +40 MASC	1	12:44	12:56	0:12	1:04	11:47	12:04	12:24	12:39	12:42:30
VIERNES	GUGGENHEIM	2	RX TEAM	1	14:00	14:16	0:16	0:03	13:05	13:20	13:40	13:55	13:58:30
VIERNES	GUGGENHEIM	2	RX TEAM	2	14:19	14:35	0:16	0:05	13:39	13:20	13:59	14:14	14:17:30
VIERNES	GUGGENHEIM	2	INTERMEDIO TEAM	1	14:40	14:56	0:16	0:03	14:00		14:20	14:35	14:38:30
VIERNES	GUGGENHEIM	2	INTERMEDIO TEAM	2	14:59	15:15	0:16	0:03	14:19		14:39	14:54	14:57:30
VIERNES	GUGGENHEIM	2	INTERMEDIO TEAM	3	15:18	15:34	0:16	0:03	14:38		14:58	15:13	15:16:30
VIERNES	GUGGENHEIM	2	INTERMEDIO TEAM	4	15:37	15:53	0:16	0:05	14:57		15:17	15:32	15:35:30
VIERNES	GUGGENHEIM	2	SCALED TEAM	1	15:58	16:14	0:16	0:03	15:18		15:38	15:53	15:56:30
VIERNES	GUGGENHEIM	2	SCALED TEAM	2	16:17	16:33	0:16	0:03	15:37		15:57	16:12	16:15:30
VIERNES	GUGGENHEIM	2	SCALED TEAM	3	16:36	16:52	0:16	0:03	15:56		16:16	16:31	16:34:30
VIERNES	GUGGENHEIM	2	SCALED TEAM	4	16:55	17:11	0:16		16:15		16:35	16:50	16:53:30

Warm-UP	Corrales	Arena	Briefing CAST	BRIEFING ENG
0:20:00	0:05	0:01:30	0:55	0:40

BILBAO ARENA

VIERNES / OSTIRALA / FRIDAY

BASQUE

CrossFit LICENSED EVENT

TXAPELKETA

Dia	SCENE	WOD	Categoria	HEAT	Start	Finish	TC	Transitions	BRIEFING CASTELLANO	BRIEFING ENGLISH	WARM UP	CORRALES	ARENA
VIERNES	BILBAO ARENA	1	RX TEAM	1	11:00	11:17	0:17	0:03	10:05	10:20	10:40	10:55	10:58:30
VIERNES	BILBAO ARENA	1	RX TEAM	2	11:20	11:37	0:17	0:05	10:40	10:20	11:00	11:15	11:18:30
VIERNES	BILBAO ARENA	1	INTERMEDIO TEAM	1	11:42	11:59	0:17	0:03	11:02		11:22	11:37	11:40:30
VIERNES	BILBAO ARENA	1	INTERMEDIO TEAM	2	12:02	12:19	0:17	0:03	11:22		11:42	11:57	12:00:30
VIERNES	BILBAO ARENA	1	INTERMEDIO TEAM	3	12:22	12:39	0:17	0:03	11:42		12:02	12:17	12:20:30
VIERNES	BILBAO ARENA	1	INTERMEDIO TEAM	4	12:42	12:59	0:17	0:03	12:02		12:22	12:37	12:40:30
VIERNES	BILBAO ARENA	1	SCALED TEAM	1	13:02	13:19	0:17	0:03	12:22		12:42	12:57	13:00:30
VIERNES	BILBAO ARENA	1	SCALED TEAM	2	13:22	13:39	0:17	0:03	12:42		13:02	13:17	13:20:30
VIERNES	BILBAO ARENA	1	SCALED TEAM	3	13:42	13:59	0:17	0:03	13:02		13:22	13:37	13:40:30
VIERNES	BILBAO ARENA	1	SCALED TEAM	4	14:02	14:19	0:17	1:41	13:22		13:42	13:57	14:00:30
VIERNES	BILBAO ARENA	1	ELITE MASC	1	16:00	16:18	0:18	0:03	15:05	15:20	15:40	15:55	15:58:30
VIERNES	BILBAO ARENA	1	ELITE MASC	2	16:21	16:39	0:18	0:05	15:41	15:20	16:01	16:16	16:19:30
VIERNES	BILBAO ARENA	1	ELITE FEM + MAS	1+3	16:44	17:02	0:18	0:05	15:41	16:04	16:24	16:39	16:42:30
VIERNES	BILBAO ARENA	1	ELITE FEM	2	17:07	17:25	0:18	0:05	16:27	16:04	16:47	17:02	17:05:30
VIERNES	BILBAO ARENA	1	RX MASC	1	17:30	17:48	0:18	0:03	16:35	16:50	17:10	17:25	17:28:30
VIERNES	BILBAO ARENA	1	RX MASC	2	17:51	18:09	0:18	0:05	17:11	16:50	17:31	17:46	17:49:30
VIERNES	BILBAO ARENA	1	RX FEM	1	18:14	18:32	0:18	0:03	17:19	17:34	17:54	18:09	18:12:30
VIERNES	BILBAO ARENA	1	RX FEM	2	18:35	18:53	0:18	0:05	17:50	17:34	18:15	18:30	18:33:30
VIERNES	BILBAO ARENA	1	MAS+ 35 M	1	18:58	19:16	0:18	0:05	18:03	18:18	18:38	18:53	18:56:30
VIERNES	BILBAO ARENA	1	MAS +35+40 FEM	2	19:21	19:39	0:18	0:05	18:41	18:18	19:01	19:16	19:19:30
VIERNES	BILBAO ARENA	1	MAS +40 M	1	19:44	20:02	0:18	0:05	18:41	19:04	19:24	19:39	19:42:30

Warm-UP	Corrales	Arena	Briefing CAST	BRIEFING ENG
0:20:00	0:05	0:01:30	0:55	0:40

GUGGENHEIM

SÁBADO / LARUNBATA / SATURDAY

BASQUE

CrossFit LICENSED EVENT

TXAPELKETA

Día	SCENE	WOD	Categoria	HEAT	Start	Finish	TC	Transitions	BRIEFING CAST	BRIEFING ENG	WARM UP	CORRALES	ARENA
SÁBADO	GUGGENHEIM	4	SCALED TEAM	1	9:00	9:15	0:15	0:03	8:20		8:40	8:55	8:58:30
SÁBADO	GUGGENHEIM	4	SCALED TEAM	2	9:18	9:33	0:15	0:03	8:38		8:58	9:13	9:16:30
SÁBADO	GUGGENHEIM	4	SCALED TEAM	3	9:36	9:51	0:15	0:03	8:56		9:16	9:31	9:34:30
SÁBADO	GUGGENHEIM	4	SCALED TEAM	4	9:54	10:09	0:15	0:03	9:14		9:34	9:49	9:52:30
SÁBADO	GUGGENHEIM	4	INTERMEDIO TEAM	1	10:12	10:27	0:15	0:03	9:32		9:52	10:07	10:10:30
SÁBADO	GUGGENHEIM	4	INTERMEDIO TEAM	2	10:30	10:45	0:15	0:03	9:50		10:10	10:25	10:28:30
SÁBADO	GUGGENHEIM	4	INTERMEDIO TEAM	3	10:48	11:03	0:15	0:03	10:08		10:28	10:43	10:46:30
SÁBADO	GUGGENHEIM	4	INTERMEDIO TEAM	4	11:06	11:21	0:15	0:03	10:08		10:46	11:01	11:04:30
SÁBADO	GUGGENHEIM	4	RX TEAM	1	11:24	11:39	0:15	0:03	10:29	10:44	11:04	11:19	11:22:30
SÁBADO	GUGGENHEIM	4	RX TEAM	2	11:42	11:57	0:15	0:33	10:29	10:44	11:22	11:37	11:40:30
SÁBADO	GUGGENHEIM	4	MASTER +40 MASC	1	12:30	12:46	0:16	0:04	11:35	11:45	12:10	12:25	12:28:30
SÁBADO	GUGGENHEIM	4	MASTER +35 +40 FEM	1	12:50	13:06	0:16	0:04	11:55	12:10	12:30	12:45	12:48:30
SÁBADO	GUGGENHEIM	4	MASTER +35 MASC	1	13:10	13:26	0:16	0:04	11:55	12:10	12:50	13:05	13:08:30
SÁBADO	GUGGENHEIM	4	RX FEM	1	13:30	13:46	0:16	0:04	12:35	12:50	13:10	13:25	13:28:30
SÁBADO	GUGGENHEIM	4	RX FEM	1	13:50	14:06	0:16	0:04	13:10	12:50	13:30	13:45	13:48:30
SÁBADO	GUGGENHEIM	4	RX MASCULINO	1	14:10	14:26	0:16	0:04	13:15	13:30	13:50	14:05	14:08:30
SÁBADO	GUGGENHEIM	4	RX MASCULINO	2	14:30	14:46	0:16	0:04	13:50	13:30	14:10	14:25	14:28:30
SÁBADO	GUGGENHEIM	4	ELITE FEM + MASC	1+1	14:50	15:06	0:16	0:04	13:55	14:10	14:30	14:45	14:48:30
SÁBADO	GUGGENHEIM	4	ELITE FEM	2	15:10	15:26	0:16	0:04	14:25	14:10	14:50	15:05	15:08:30
SÁBADO	GUGGENHEIM	4	ELITE MASC	2	15:30	15:46	0:16	0:04	14:40	14:55	15:10	15:25	15:28:30
SÁBADO	GUGGENHEIM	4	ELITE MASC	3	15:50	16:06	0:16	0:04	15:10	14:55	15:30	15:45	15:48:30

Warm-UP	Corrales	Arena	Briefing CAST	BRIEFING ENG
0:20:00	0:05	0:01:30	0:55	0:40

BILBAO ARENA

SÁBADO / LARUNBATA / SATURDAY

BASQUE

CrossFit LICENSED EVENT

TXAPELKETA

Dia	SCENE	WOD	Categoria	HEAT	Start	Finish	TC	ransition	BRIEFING CAST	BRIEFING ENG	WARM UP	CORRALES	ARENA
SÁBADO	BILBAO ARENA	3	MASTER +40 MASC	1	9:00	9:09	0:09	0:04	8:05	8:20	8:40	8:55	8:58:30
SÁBADO	BILBAO ARENA	3	MASTER +35 +40 FEM	1	9:13	9:22	0:09	0:04	8:31	8:46	8:53	9:08	9:11:30
SÁBADO	BILBAO ARENA	3	MASTER +35 MASC	1	9:26	9:35	0:09	0:04	8:31	8:46	9:06	9:21	9:24:30
SÁBADO	BILBAO ARENA	3	RX FEMENINO	1	9:39	9:48	0:09	0:04	8:44	8:59	9:19	9:34	9:37:30
SÁBADO	BILBAO ARENA	3	RX FEMENINO	2	9:52	10:01	0:09	0:04	8:44	8:59	9:32	9:47	9:50:30
SÁBADO	BILBAO ARENA	3	RX MASCULINO	1	10:05	10:14	0:09	0:04	9:10	9:25	9:45	10:00	10:03:30
SÁBADO	BILBAO ARENA	3	RX MASCULINO	2	10:18	10:27	0:09	0:04	9:10	9:25	9:58	10:13	10:16:30
SÁBADO	BILBAO ARENA	3	ELITE FEM + MASC	1+1	10:31	10:40	0:09	0:04	9:39	9:51	10:11	10:26	10:29:30
SÁBADO	BILBAO ARENA	3	ELITE FEM	2	10:44	10:53	0:09	0:04	9:39	9:51	10:24	10:39	10:42:30
SÁBADO	BILBAO ARENA	3	ELITE MASCULINO	2	10:57	11:06	0:09	0:04	10:02	10:17	10:37	10:52	10:55:30
SÁBADO	BILBAO ARENA	3	ELITE MASCULINO	3	11:10	11:19	0:09	0:41	10:30	10:17	10:50	11:05	11:08:30
SÁBADO	BILBAO ARENA	3	SCALED TEAM	1	12:00	12:15	0:15	0:04	11:20		11:40	11:55	11:58:30
SÁBADO	BILBAO ARENA	3	SCALED TEAM	2	12:19	12:34	0:15	0:04	11:39		11:59	12:14	12:17:30
SÁBADO	BILBAO ARENA	3	SCALED TEAM	3	12:38	12:53	0:15	0:04	11:58		12:18	12:33	12:36:30
SÁBADO	BILBAO ARENA	3	SCALED TEAM	4	12:57	13:12	0:15	0:04	12:17		12:37	12:52	12:55:30
SÁBADO	BILBAO ARENA	3	INTERMEDIO TEAM	1	13:16	13:31	0:15	0:04	12:36		12:56	13:11	13:14:30
SÁBADO	BILBAO ARENA	3	INTERMEDIO TEAM	2	13:35	13:50	0:15	0:04	12:55		13:15	13:30	13:33:30
SÁBADO	BILBAO ARENA	3	INTERMEDIO TEAM	3	13:54	14:09	0:15	0:04	13:14		13:34	13:49	13:52:30
SÁBADO	BILBAO ARENA	3	INTERMEDIO TEAM	4	14:13	14:28	0:15	0:04	13:33		13:53	14:08	14:11:30
SÁBADO	BILBAO ARENA	3	RX TEAM	1	14:32	14:47	0:15	0:04	13:37	13:52	14:12	14:27	14:30:30
SÁBADO	BILBAO ARENA	3	RX TEAM	2	14:51	15:06	0:15	0:24	14:11	13:52	14:31	14:46	14:49:30
SÁBADO	BILBAO ARENA	5	SCALED TEAM	1	15:30	15:41	0:11:00	0:05	14:50		15:10	15:25	15:28:30
SÁBADO	BILBAO ARENA	5	SCALED TEAM	2	15:46	15:57	0:11:00	0:05	15:06		15:26	15:41	15:44:30

BILBAO ARENA

SÁBADO / LARUNBATA / SATURDAY

BASQUE

CrossFit LICENSED EVENT

TXAPELKETA

Día	SCENE	WOD	Categoría	HEAT	Start	Finish	TC	Transition	BRIEFING CAST	BRIEFING ENG	WARM UP	CORRALES	ARENA
SÁBADO	BILBAO ARENA	5	SCALED TEAM	3	16:02	16:13	0:11:00	0:05	15:22		15:42	15:57	16:00:30
SÁBADO	BILBAO ARENA	5	SCALED TEAM	4	16:18	16:29	0:11:00	0:05	15:38		15:58	16:13	16:16:30
SÁBADO	BILBAO ARENA	5	INTERMEDIO TEAM	1	16:34	16:45	0:11:00	0:05	15:54		16:14	16:29	16:32:30
SÁBADO	BILBAO ARENA	5	INTERMEDIO TEAM	2	16:50	17:01	0:11:00	0:05	16:10		16:30	16:45	16:48:30
SÁBADO	BILBAO ARENA	5	INTERMEDIO TEAM	3	17:06	17:17	0:11:00	0:05	16:26		16:46	17:01	17:04:30
SÁBADO	BILBAO ARENA	5	INTERMEDIO TEAM	4	17:22	17:33	0:11:00	0:05	16:26		17:02	17:17	17:20:30
SÁBADO	BILBAO ARENA	5	RX TEAM	1	17:38	17:49	0:11:00	0:05	16:43	16:58	17:18	17:33	17:36:30
SÁBADO	BILBAO ARENA	5	RX TEAM	2	17:54	18:05	0:11:00	0:30	17:14	16:58	17:34	17:49	17:52:30
SÁBADO	BILBAO ARENA	5	MASTER +40 MASCULINO	3	18:35	18:45	0:10:30	0:04	17:40	17:55	18:15	18:30	18:33:30
SÁBADO	BILBAO ARENA	5	MASTER +35 +40	1	18:49	19:00	0:10:30	0:04	17:54	18:09	18:29	18:44	18:48:00
SÁBADO	BILBAO ARENA	5	MASTER +35 MASCULINO	2	19:04	19:14	0:10:30	0:04	17:54	18:09	18:44	18:59	19:02:30
SÁBADO	BILBAO ARENA	5	RX FEMENINO	3	19:18	19:29	0:10:30	0:04	18:23	18:38	18:58	19:13	19:17:00
SÁBADO	BILBAO ARENA	5	RX FEMENINO	4	19:33	19:43	0:10:30	0:04	18:23	18:38	19:13	19:28	19:31:30
SÁBADO	BILBAO ARENA	5	RX MASCULINO	1	19:47	19:58	0:10:30	0:04	18:52	19:07	19:27	19:42	19:46:00
SÁBADO	BILBAO ARENA	5	RX MASCULINO	2	20:02	20:12	0:10:30	0:04	18:52	19:07	19:42	19:57	20:00:30
SÁBADO	BILBAO ARENA	5	ELITE FEMENINO + MAS	3	20:16	20:27	0:10:30	0:04	19:21	19:36	19:56	20:11	20:15:00
SÁBADO	BILBAO ARENA	5	ELITE FEMENINO	4	20:31	20:41	0:10:30	0:04	19:21	19:36	20:11	20:26	20:29:30
SÁBADO	BILBAO ARENA	5	ELITE MASCULINO	1	20:45	20:56	0:10:30	0:04	19:50	20:05	20:25	20:40	20:44:00
SÁBADO	BILBAO ARENA	5	ELITE MASCULINO	2	21:00	21:10	0:10:30		20:20	20:05	20:40	20:55	20:58:30

Warm-UP	Corrales	Arena	Briefing CA	BRIEFING ENG
0:20:00	0:05	0:01:30	0:55	0:40

BILBAO ARENA

DOMINGO / IGANDEA / SUNDAY

BASQUE

CrossFit LICENSED EVENT

TXAPELKETA

Dia	SCENE	WOD	Categoria	HEAT	Start	Finish	TC	Transitions	BRIEFING CAST	BRIEFING ENG	WARM UP	CORRALES	ARENA
DOMINGO	BILBAO ARENA	6	SCALED TEAM	1	8:00	8:15	0:15	0:03	7:20		7:40	7:55	7:58:30
DOMINGO	BILBAO ARENA	6	SCALED TEAM	2	8:18	8:33	0:15	0:03	7:38		7:58	8:13	8:16:30
DOMINGO	BILBAO ARENA	6	SCALED TEAM	3	8:36	8:51	0:15	0:03	7:56		8:16	8:31	8:34:30
DOMINGO	BILBAO ARENA	6	SCALED TEAM	4	8:54	9:09	0:15	0:04	8:14		8:34	8:49	8:52:30
DOMINGO	BILBAO ARENA	6	INTERMEDIO TEAM	1	9:13	9:28	0:15	0:03	8:33		8:53	9:08	9:11:30
DOMINGO	BILBAO ARENA	6	INTERMEDIO TEAM	2	9:31	9:46	0:15	0:03	8:51		9:11	9:26	9:29:30
DOMINGO	BILBAO ARENA	6	INTERMEDIO TEAM	3	9:49	10:04	0:15	0:03	9:09		9:29	9:44	9:47:30
DOMINGO	BILBAO ARENA	6	INTERMEDIO TEAM	4	10:07	10:22	0:15	0:04	9:27		9:47	10:02	10:05:30
DOMINGO	BILBAO ARENA	6	RX TEAM	1	10:26	10:41	0:15	0:03	9:46	9:46	10:06	10:21	10:24:30
DOMINGO	BILBAO ARENA	6	RX TEAM	2	10:44	10:59	0:15	0:10	10:04	10:04	10:24	10:39	10:42:30
DOMINGO	BILBAO ARENA	6	MASTER +40 MASC	1	11:09	11:21	0:12	0:04	10:29	10:29	10:49	11:04	11:07:30
DOMINGO	BILBAO ARENA	6	MASTER +35 +40 FEM	1	11:25	11:37	0:12	0:04	10:45	10:45	11:05	11:20	11:23:30
DOMINGO	BILBAO ARENA	6	MASTER +35 MAS	1	11:41	11:53	0:12	0:04	11:01	11:01	11:21	11:36	11:39:30
DOMINGO	BILBAO ARENA	6	RX MASC	1	11:57	12:09	0:12	0:04	11:17	11:17	11:37	11:52	11:55:30
DOMINGO	BILBAO ARENA	6	RX MASC	2	12:13	12:25	0:12	0:04	11:33	11:33	11:53	12:08	12:11:30
DOMINGO	BILBAO ARENA	6	RX FEM	1	12:29	12:41	0:12	0:04	11:49	11:49	12:09	12:24	12:27:30
DOMINGO	BILBAO ARENA	6	RX FEM	2	12:45	12:57	0:12	0:04	12:05	12:05	12:25	12:40	12:43:30
DOMINGO	BILBAO ARENA	6	ELITE MAS + FEM	1+1	13:01	13:13	0:12	0:04	12:21	12:21	12:41	12:56	12:59:30
DOMINGO	BILBAO ARENA	6	ELITE FEM	2	13:17	13:29	0:12	0:04	12:37	12:37	12:57	13:12	13:15:30
DOMINGO	BILBAO ARENA	6	ELITE MASC	2	13:33	13:45	0:12	0:04	12:53	12:53	13:13	13:28	13:31:30
DOMINGO	BILBAO ARENA	6	ELITE MASC	3	13:49	14:01	0:12	0:25	13:09	13:09	13:29	13:44	13:47:30
DOMINGO	BILBAO ARENA	FINAL	SCALED TEAM	1	14:26	14:38	0:12	0:05	13:46		14:06	14:21	14:24:30
DOMINGO	BILBAO ARENA	FINAL	INTERMEDIO TEAM	1	14:43	14:55	0:12	0:05	14:03		14:23	14:38	14:41:30
DOMINGO	BILBAO ARENA	FINAL	RX TEAM	1	15:00	15:12	0:12	0:22	14:20	14:20	14:40	14:55	14:58:30
DOMINGO	BILBAO ARENA	7	MASTER + 40 MASC		15:34	15:42	0:08	0:05	14:54	14:54	15:14	15:29	15:32:30
DOMINGO	BILBAO ARENA	7	MASTER +35 + 40 FEM		15:47	15:55	0:08	0:05	15:07	15:07	15:27	15:42	15:45:30
DOMINGO	BILBAO ARENA	7	MASTER +35 MASC		16:00	16:08	0:08	0:05	15:20	15:20	15:40	15:55	15:58:30
DOMINGO	BILBAO ARENA	7	RX MASC		16:13	16:21	0:08	0:05	15:33	15:33	15:53	16:08	16:11:30
DOMINGO	BILBAO ARENA	7	RX FEM		16:26	16:34	0:08	0:05	15:46	15:46	16:06	16:21	16:24:30
DOMINGO	BILBAO ARENA	7	ELITE MASC		16:39	16:47	0:08	0:05	15:59	15:59	16:19	16:34	16:37:30
DOMINGO	BILBAO ARENA	7	ELITE FEM		16:52	17:00	0:08	0:05	16:12	16:12	16:32	16:47	16:50:30

Warm-UP	Corrales	Arena	Briefing CAST	BRIEFING ENG
0:20:00	0:05	0:01:30	0:55	0:40